# The Croatia 847-1552, Not For s Discover Crikvenica Riviera Crikvenica - Dramalj - Jadranovo - Selce





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Photo: TB Crikvenica

#### Dear readers,

These pages will acquaint you with our Riviera, a place where you will never feel lonely. You will enter a world of diversity, natural beauty, abundant activities for all generations, irresistible smells and tastes that will satisfy even the greatest gourmet in you.

Within a day, lounge on a sandy beach, enjoy the crystal-blue sea, find your way around town or set away on your own hiking trail. Make a wish and we will make that wish come true!

The four Riviera towns - Crikvenica, Dramalj, Jadranovo and Selce - are ideally located making sure everything is at your disposal and within reach. As hosts, we provide our guests with truly special experiences. Our guests are active participants, not just passive observers of going-ons. It is because of such events that the Crikvenica Riviera was awarded for being the most creative destination in Croatia. Whoever enters our world reluctantly departs, but is sure to return.

Crikvenica is an oasis where you can relax in nature's lap, strengthening both your spirit and your body. The mild and favourable Mediterranean climate and microclimate, the clean air, the warmth of the sunshine, the healing sea salt drops, the aromatic plants and herbs – add up to make nature's abundant gifts to the Riviera. As such, the Crikvenica Riviera is among the first destinations in Croatia to cultivate the tradition of health tourism, and it has done so for a little over a century. We are particularly proud of this year's jubilee, marking 130 years of organized tourism.

We are certain our tourist story will be a lot like your favourite book, the one you are always happy to read again. Wander through this brochure and find out why the Crikvenica Riviera is so special.

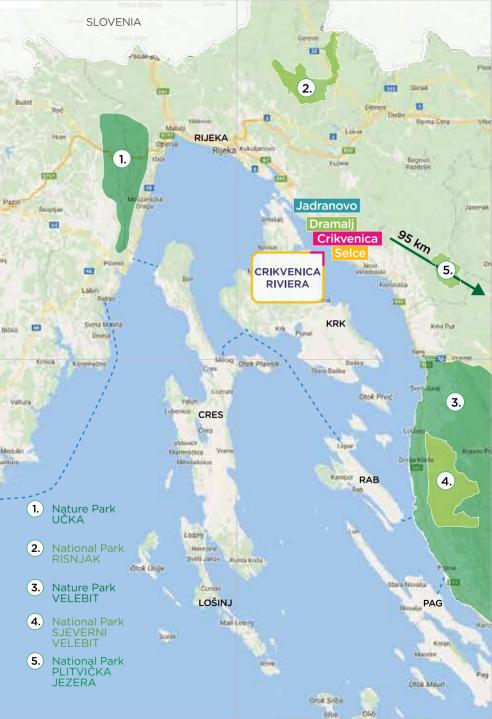
Respectfully,

Marijana Biondić, Director of the Crikvenica Tourist Board









## THE CRIKVENICA RIVIERA

In one of the most picturesque quarters of Kvarner lies the beautiful Riviera of Crikvenica. They call it the Riviera of health retreats, of marathons, of love ... Whatever name you choose for it - it is that and so much more.

The Crikvenica Riviera lies in the embrace of the blue, clear sea and the green outback of Vinodol. It is graced with a healthy and mild climate, beautiful nature and rich cultural and historical heritage. The ideal destination for socializing with friends, holidaying with your family, enjoying an active vacation on the move or relaxing on the beach.

The heart of the Riviera is Crikvenica, the proud owner of the most beautiful beach on the Adriatic Coast. The vibrant Selce captures the traditional, the charming Jadranovo wins with its untouched nature, while Dramalj explains why the stars here shine brighter and the music rings with more melody.

The Crikvenica Riviera is a storyteller of sorts - it has a rich history to feed the imagination, its city squares and street corners transform into openspace theatre sets, its gastronomy highlights both the traditional and the modern, a combination of the unique tastes of the Mediterranean and the infallible drop of Vinodol wine. The Riviera challenges its fitness, health and recreation enthusiast visitors with superb offers. If you get tired, take a break and relax in the warm embrace of the sea.



The destination itself is full of experiences, leaving only a little time for idle moments.

For over 130 years the natural healing components of the Riviera of Crikvenica have worked to reveal a unique formula for good health - here the healthy sea air blends with the fresh mountain air only to enhance the scents of local aromatic herbs and sea salt drops.

Whether you measure your love story in days, weeks, months or years, you will enjoy walking through the Love Path, exploring Crikvenica's 10 Kissing Spots, walking through the Mediterranean labyrinth of love ... Here you will also find that special attention is directed toward pets, your friendly companions. So don't be surprised if you see a mut enjoying his very own doggy pint on the beach or feasting on some beach cake.

In an area where the sun blissfully loves the sea, where tiny drops of wellbeing spring from all around, it is easy to forget the time and let yourself go to a tide of positive energy.

When you are in need of a blue-green hug, some nourishment for both body and soul, yearning for closeness to nature, the Crikvenica Riviera awaits as your most trusted friend, the one you are always happy to reunite with.

# Accommodation on the Grikverica Riviera

The Crikvenica Riviera has accommodation to suit everyone's taste - from family guests, sports lovers, and foodies to pet lovers and health tourism users. Regardless what you're looking for, your habits, and your tastes, you'll feel comfortable and welcome here 100% of the time. Warm. cosy hotels and large hotel complexes. traditional or modern design, hotels that hosted early-20th-century nobles, actors, and writers or a hotel that was once part of a monastery – this is only a sliver of the story of what we have to offer. There are bed & breakfasts, hostels, campsites, and family accommodation, all of which offer an especially relaxing atmosphere and the warmth of home. The "Kvarner Family" mark offers an additional guarantee of quality, with its subgroups "Pet", "Hike". and "Bike" friendly. You can stay in one of 3,500 hotel beds, 15,000 beds in private accommodation, 810 hostel beds. and more than 3.000 additional beds in other types of accommodation, while the campsites can host up to 2,160 guests.









hoto: TB Crikvenica

Wondering what time of year is best to visit the Crikvenica Riviera, or what the best time is for your favourite outdoor activities? In a nutshell: all year round! It's been proven that the climatic conditions for outdoor activities are perfect hear nearly the entire length of the year. Even in the coldest winder months, it is brisk or cool around 20% of the time, which means you don't have to give up on your morning seaside jog, afternoon bike ride, or evening stroll. Crikvenica is one of the sunniest parts of Croatia, and weather measurements show that both its seawater and drinking water are of excellent quality.



The mild Mediterranean climate and the local microclimate, the mixture of clean sea and mountain air, the warm sun, the healing sea aerosols, the aromatic herbs – these are just some of the benefits that will strengthen your body and soul. These natural health factors have been helping people prevent, treat, and recover from various illnesses and improve their quality of life for centuries. Thanks to this, the Crikvenica Riviera began developing its health tourism tradition way back in the 19th century.





In 2018, Crikvenica victoriously celebrated its 130 years of organised tourism as it was named the most successful health tourism destination in Croatia.

This is greatly because of its worldclass health experts and eminent health institutions. The longest-running and biggest of these is Thalassotherapia Crikvenica, specialised for respiratory and physical rehabilitation. Among other things, it offers a modern medical rehabilitation centre, accommodation and congress space, organised teaching for children staying for treatment, and a park for open-air rehabilitation. The complex also features the Oxy Baromedicine Clinic. The Terme Selce Clinic has long combined health and sports; it features a specially designed medical programme that has provided care for more than 150 European, international, and Olympic champions in 30 different sports (Ivica and Janica Kostelić, Luka Modrić, Ivan Rakitić, Tanja Poutiainen, and many others). Katunar Clinic in Crikvenica offers a tourist clinic and high-quality specialist services. Crikvenica also features many dentist's and specialist offices, which offer high-quality service in accordance with the newest trends.



Healthy living is also a part of many events, such as cycling, swimming, and running marathons, regattas, or the Oily Fish Week and Fisherman's Week gourmet events.

This is the best part - the Riviera is located on the coast, but it is close enough to the mountains that, within a half hour of relaxing on the beach, diving, sailing, or swimming, you can be soaking in the peace and quiet of the forest while sampling delicacies made with local healing herbs. The Crikvenica Riviera, Novi Vinodolski, and the municipality of Vinodol have more than 300 km of various hiking trails, and just as many cycling trails. The names "Riviera of Health" and "Town of Marathons" only affirm what many knew more than a hundred years ago – Crikvenica is ideal for the health of all generations and paradise for professional and amateur athletes alike.

Photo: TB Crikvenica

# More than 250 events per year

Did you know that the Crikvenica Riviera has more than 250 events per year? Fun here isn't reserved just for summer – every season has its own charms.

Winter is warmer with charming Advent events, boisterious Carnival days, and the romantic atmosphere of Valentine's Day. The awakening of nature in spring is even more beautiful alongside a traditional Easter sweet roll and the scents and flavours of the Strawberry Festival or Oily Fish Week. The Crikvenica cross country cycling marathon opens the marathon season – let's not forget, Crikvenica is known as a town of marathons. Interesting educational, creative, and entertaining workshops at various events allow every visitor to actively participate.

The summer days bring fun to beaches along the Riviera, where you can enjoy fishing, sailing, or a game of bocce with your hosts. The warm, starlit evenings are made even more enjoyable by Melodies on the Seaside, Musical Summer Evenings, traditional evenings of klapa a cappella singing, and numerous concerts and plays.











Photo: TB Crikvenica

The (Sr)etno Selce ethno festival, Tourism Davs, and Fisherman's Week are connected through rich tradition, just like the Šilo-Crikvenica Swimming Marathon, the oldest swimming marathon on the Adriatic, or the Jakovarska vesla rowing competition, which will awaken your sporting spirit. The unusual, endlessly entertaining street performers at CrikvArt will bring you back to your childhood. Of course, in this petfriendly destination, pets even have their own event - Crikvenica 4 Pets. The warm colours of autumn make the perfect backdrop to the Feast Day of St. Martin and the Adria Advent Marathon, which is the perfect introduction to one of the most beautiful seasons. Of course, we haven't given away all the tricks we have up our sleeve - it's up to you to explore our Riviera and enjoy every moment.





# A Riviera of Fanous Beaches

oto: TB Crikvenica

Beaches - whether sandy or pebble beauties, hidden oases of peace, rocky adventure destinations, or lively urban trendsetters - have always been one of the symbols of the Crikvenica Riviera. They connect all four towns, and they are equally beautiful seen from the sea or the air. The pleasant natural surroundings, the unparalleled cleanliness of the sea, entertainment and recreation for kids and adults - this is how we can describe the majority of them. Crikvenica, Dramalj, Jadranovo, and Selce - each of the four towns has its own fantastic beaches, all of which you will love.

The queen among these beaches, the Crikvenica town beach, has won a string of awards naming it the most beautiful and best-kept beach in Croatia. Everyone loves this beach, from kids just learning to swim and swimmers looking to relax on the fine, warm sand, to disabled guests whose stay will be made easier by the sea entry lift and the well-kept sanitary facilities with euroblock locks. Younger guests can enjoy Crikvenica's long tradition of water sports, beach volleyball, and other fun amenities, while leaving the evenings for dancing and socialising by the sea. A Mediterranean garden with a list of plant species is one special feature of this beach, which lives 365 days a year – after the summer months, it becomes a favourite destination for walking and recreation.

There is one more beach on our Riviera that has become a "celebrity" written and talked about the world over. This is Podvorska, the best dog beach in Croatia, featuring the first café for dogs. Does your dream holiday include sand beneath your feet or lazing about on hidden rocks? Looking for a beach your whole family will love? Do you love water sports, water slides, and water parks, or are you dying for some alone time with a good book on an isolated beach? The Crikvenica Riviera has it all – all you have to do is choose.

You'll soon see why many consider it the Riviera with the most beautiful beaches on the Adriatic.

# The Riviera of LOVE

All year round, the Crikvenica Riviera is the perfect destination for lovers and romantics. Regardless of whether your love story began yesterday or a decades ago, you'll love strolling down the 8 km long Love Path. This promenade near the centre of Crikvenica has been a favourite destination since the 20th century with its beautiful nature and peace and quiet. Have you been to Sweet, First, or Mysterious? These are just three of the 10 best kissing spots, which are not just marked with a sign, but have their own maps as well. We're sure you'll love exploring them all, as well as find your own spot just for the two of you.

If you want to get lost for a while with your loved one, head to the Mediterranean Labvrinth of Love. Located in quite surroundings alongside Dubračina creek in Crikvenica, this special labyrinth is made from 400 laurel bushes. It is said to make wishes come true, to make you younger and more beautiful, to improve your love life, increase creativity, and much more. It's worth a try if only to forget about your everyday life for a time, isn't it? Love rules at certain events as well, such as Valentine's Day or romantic summer musical evenings by the sea. We would be thrilled if the Crikvenica Riviera becomes the place where you met, where you celebrate an important moment or anniversary, or spend the most important, most beautiful day of your life - vour wedding.

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Glagolitic script

In the mid-9th century, a special script was developed that remained in use in Croatia for more than 1,000 years. This Old Slavic script, known as Glagolitic script, remained a part of the everyday life of all classes in Croatia until the 19th century. Glagolitic script was also used to write the Law Codex of Vinodol (1288), the oldest Croatian Mediaeval customary legal text regulating the relationship between the Dukes of Frankopan and the residents of the former Duchy of Vinodol, which includes the greater area surrounding the modern-day Crikvenica Riviera. This document is the second oldest Slavic-language customary legal text in the world.

This script, once commonly used for written communication and expression, has remained a valuable part of the Croatian identity; Croatian priests are to thank for its survival in the region. In Crikvenica, the Pauline Friars were an important part of economic and social life until the late 18th century, and in addition to other things, they were responsible for educating the populace. Outside of culture, history, and science, Glagolitic script lives on today in our souvenir shops in the form of unique gifts, as well as in various themed events and educational workshops.

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Glagolitic inscrption above the church entrance, Belgrad, Vinodol Photo: Crikvenica Town Museum



Juraj Julije Klović -the world's greatest miniaturist



When he was starting out, they say, his own fingernail was the canvas he painted on the most, and that he was so brilliant he could fit the entire "Last Supper" on his thumbnail. In case you don't know, Juraj Julije Klović, the greatest and best-known miniaturist in the world, was born in Grižane near Crikvenica. He was born in 1498, and he began his artistic life somewhat later right here in Crikvenica. He had his first painting lessons

with the Pauline Friars in their former monastery in Crikvenica. We are proud that our Riviera was an inspiration to this great painter, who worked with some of the greatest painters of his time such as Michelangelo, Vasari, and El Greco. A part of his impressive opus is exhibited at a permanent open-air exhibition located where Klović's schooling began - in a vaulted corridor leading towards the Church of the Assumption of the Madonna in Crikvenica.

We recommend you also visit the "Klović" house in his birthplace of Grižane in the hills behind Crikvenica, where you can see replicas of his works and some motifs that cannot be seen elsewhere, as the originals are protected in museums, galleries, or archives throughout the world. Although he spent most of his life outside his homeland, painting for kings, noblemen, popes and cardinals, we are certain this talented boy from the Vinodol Valley kept his home in his heart until his death (1578, Rome).

# Plenty to wag your tail about

At the Crikvenica Riviera, pets are top dog. We love them, and that's why we've given them their very own beach right near the centre of Crikvenica. The news of this natural pebble beach, featuring fun from morning till night in the summertime, quickly spread round the world.

The best dog beach in Croatia, Podvorska beach, opened in July of 2010. It has won various awards since then, but most importantly, it has also won the hearts of numerous pet owners and their fourlegged friends. In addition to playing in the sea, your pets will also enjoy their very own showers and covered terrace, and even have a nice cold beer in the café. Yes, you read that right – Monty's Dog Beach & Bar in Crikvenica, the first of its kind in Croatia, offers beer, ice cream, cakes, and medicinal teas just for dogs. If your dog needs a new hairstyle or veterinary advice, don't worry – the Crikvenica Riviera has it all. Many accommodation facilities bear the pet friendly mark, and the pet-oriented "Crikvenica 4 Pets" event, which won a "Simply the Best" award in 2017 for best themed multi-day event, is held every year in September. Visitors can enjoy all-day fun activities, including an especially fun carnival for dog owners and their pets.

To sum up - the destination where your pets will receive the royal treatment all day, every day is...? The Crikvenica Riviera, of course, where plenty of satisfied snouts have been sniffing around for years. If you're not convinced, just bring your dog and keep your eyes on their tail.



# Oily Fish Route

The Crikvenica Riviera also has an unusual street - one not inspired by a famous person or event, but by fish. It's called "Oily Fish Route". and it offers a special year-round selection of gourmet food based on cherished tradition. Oilv fish is good for your health, a fact the residents of Crikvenica have known for a few hundred years. Fishing was the most important branch of the economy at the time: many local fishermen were true masters of their craft, and they were sought after even in faraway lands. It was a time when blue fish crowned the daily tables of Crikvenica. featured during every lunch, snack, or dinner. In addition to "Oily Fish Route",

a special reminder of this is the "Oily Fish Week" festival in June, during which local restaurateurs present their specialities. This gourmet event includes much more than just sampling delicious, healthy fish specialties. It also features especially dynamic. exciting workshops where you can learn to cook traditional, healthy oily fish specialities in the comfort of your own home to surprise your loved ones with. Of course, the best part of the Oily Fish Week programme is the entertainment programme, featuring music and dancing in the fresh sea air in the pleasant company of your hosts.



Photo: TB Crikvenica

Fish balls with vegetables (Grkveniške rupice)

Did you know that the Crikvenica Riviera has a special gourmet reminder of its rich fishing tradition? It's called Crkveniške rupice, and it is also known by the local names balice, kolubice, or gunici. This original local dish made with small oily fish bears witness to a time when the survival of Crikvenica's residents relied on fishing. The modest, unstable living conditions of the time also affected cooking. The clever women of Crikvenica thus created rupice, which are tasty even when cold. and their husbands and sons would take them with them out to sea for a snack. The size of the rupice depends on the size of the

hand that forms them into delicious fish rolls. This meal, which was created mostly out of practical considerations, is still loved by all generations. You can try it at any restaurant bearing the "Oily Fish Route" mark. We are certain that lovers of cooking will enjoy making Crkveniške rupice themselves to a recipe from the "Our Grandmas` Cookbook", featuring traditional dishes of the Crikvenica Riviera.

Frankopan Gake -inspired by blue blood

Don't leave Crikvenica without trying the famous Frankopan Cake, which you can't find anywhere else. It is prepared at the International Hotel café in the centre of town according to a recipe based on a 17th-century cookbook. The cake is on the list of Crikvenica's autochthonous dishes, and its rich flavour reminds us that it was named after the famous noble Frankopan family. Roasted almonds, raisins, and cinnamon are just a few of the ingredients in this Baroque treat. Discover the rest yourself – you're sure to enjoy a slice while relaxing on the beautiful seaside terrace.

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#### Dear all!

We are pleased to present this special edition of the Discover Croatia! series – Discover the Crikvenica Riviera, created collaboratively by the Crikvenica Tourist Board and the Association of Croatian Travel Agencies (UHPA).

Rich in history and cultural heritage, the Crikvenica Riviera is picturesquely embraced by an impeccable seashore and a green sloping hinterland. The Riviera is an oasis from which the development of Croatian health tourism sprung when the first public wooden bathing resort opened here in 1888. Having marked 130 years of organized tourism in 2018, the Crikvenica Riviera was named Croatia's most successful health tourism destination, topping off its many other awards and accolades. Adding to its sincere congratulations on this enviable jubilee, UHPA has chosen this unique destination that has meticulously built its own brand as a sanctuary for body and mind, to hold the title of our domestic destination of the year.

This publication presents the portfolios of local travel agencies across different themes, from cultural, historical and traditional tourism, to active vacations, all of which include unique oenological and gastronomic pleasures. Each programme highlights the Riviera's distinct beauty. As you will soon find out, your options are countless. From lavender picking in the lowlands of Vinodol to a peak into the past at the Renaissance fair – visitors are offered a truly diverse selection of activities.

In a joint promotional effort highlighting the Riviera's tourism offer, we have helped to create new experiences for the special interest tourism market, defying the limitations of seasonal operations. In brining you these travel agency programs, we would like to increase the visibility of a destination with more than just sun and sea offers. We present you the Crikvenica Riviera – a riviera of natural beauty, health and love.

Tomislav Fain UHPA President



UHPA association of croatian travel agencies

## CULTURE, HISTORY, TRADITION

The emergence of current-day Crikvenica goes back to 1412 when lord Nikola IV. Frankopan established a monastery dedicated to St. Paul right by the church of the Blessed Virgin Mary. He is considered to be the founder of the city. Historically, the people of Crikvenica have pursued fishing, bricklaying, stone carving, seafaring...

Remnants of the past greet us at every turn waving from the raised Kotor, hiding behind the walls of St. Paul's monastery, in the smile of the statue fisherman or a single Crikvenica amphora.

Today, the Crikvenica Riviera provides visitors with an insight into its rich regional history and cultural heritage, weaved masterfully into all of its tourist offers. How? Come and take a look!



## AMBER ISLANDS

Visit to the town of Cres, surrounded by olive groves and the ancient Osor, through which the Amber Road once passed; visit to Lubenice; sightseeing the city of Krk, the island of Košljun and Vrbnik, tasting wine and other local delicacies

Crikvenica is a great starting point to visit the islands nearby, whose history goes back to ancient times and the former Amber Road, which brought together the South and North of Europe – from the Adriatic to the Baltic. Treat yourself to authentic, clean, refreshing, calming and positive surroundings, which happen to cross the 45th Parallel, ensuring good vibrations all around, some say. The people here align with nature and not the other way around. On the cliffs rare birds nest, while the islands' pastures, shielded with drywall, are full of olive groves and endless fields of soft sage. By staying in Crikvenica and visiting these islands, you can see for yourself how harmony with nature and an easy-going way of life on the coast in an oasis of peace and good will, exist even today.



The travel package ranges from three to five days. The activity programme for a four-day package includes: day 1 – arrival to Crikvenica, walk along the seaside promenade, day 2 – departure to the island of Cres, visit to the Museum of Sheep Herding in Lubenice, the city of Cres and ancient Osor; day 3 – departure to the island of Krk, sightseeing the city of Krk, visiting Košljun and Vrbnik; day 4 – morning sojourn, departure. The package is available from April 1st – November 15th for groups of 1 to 30 people. Accommodation is available in three or four star hotels, while transport can be arranged by private car, minibus or bus. Professional guidance is available in English, German, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding – please contact us for a final offer.

### MUSIC FESTIVAL SUMMER IN ADRIA

15-minute group performances in at least 2 different cities; trips to the surrounding areas, Riviera boat ride, wine tasting; festival participation certificates

When a small coastal town turns into the world's folklore centre, for many it becomes a unique opportunity to meet distant cultures and customs. It has been so for the past five years in Crikvenica at the Summer in Adria (Ljeto na Jadranu) festival where folklore grpups, choirs, orchestras and majorettes gather from all around the world. They represent their countries, regions and customs - the only condition being that they are original and creative. Participants come from the Czech Republic, Hungary, Poland, Italy, Latvia, Lithuania, Estonia, Greece, Turkey, Bulgaria and Romania. The three-hour programme delights the audience with a variety of performances where each group presents a song, dance or customs of the region they come from. It is especially a pleasure to see tourists when they recognize the song of the country they came from. Nothing but joy!



The travel package ranges from three to seven days. The activity programme for a three-day package includes: day 1 – hotel check-in, free time, dinner, meeting with the event manager; day 2 – half-day boat trip, performance preparation, dinner, organized departure to the square; day 3 – optional trip to wine tasting, tour of the hinterland of Crikvenica, performance, final night with certificate ceremony. The package is available form from June to August for groups of 10 to 50 people. Accommodation is available in three, four or five star hotels, while transportation can be arranged personally. Professional guidance is available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding – please contact us for a final offer.

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### AN ARTIST, A CANVAS, PAINT AND A BRUSH IN THE MYSTERIOUS VALLEY OF VINODOL

multi-day painting workshop in the artist's studio; getting to know the Vindol Valley as a creative stage for artists; visit to a wine cellar for wine and prociutto tasting; visiting Krk, Vrbnik, Rijeka

Natural beauty paired with tradition and cultural heritage have always inspired artists. Juraj Julije Klović, the renaissance "miniaturist Michelangelo", was born in the heart of the coastal karst in the small village of Grižane in the Vinodol Valley near Crikvenica. Was he as in awe of the upright *griže* stones, which stand in defiance of the sun, the wind and time itself, as our friend academic artist Marijan Mavrić? While Klović cannot speak for himself, you can talk to Mr. Mavrić in person. Together with Mr. Mavrić, we have prepared an exciting and engaging program through which you can experience the passion of the arts and of artistic expression. And – there's more! Our artist will introduce you to all of the little secrets of this gentle valley and tell you about the tradition and cultinary pleasures of this region. You may want to stay in Vinodol forever!



The travel package ranges from 3 to 8 days. The activity programme for an eight-day package includes daily participation at the workshop with: day 1 – arrival; day 2 – Crikvenica Riviera, day 3 – Novi Vinodolski, wine cellar visit and tasting; day 4 – Vinodol; day 5 – Krk. Vrbnik, tasting; day 6 – Rijeka, fish market and market place; day 7 – examining workshop pieces; day 8 – departure. The package is available from March to May or from September to October for groups of 20 to 30 people. Accommodation is available in three or four star hotels, while transportation can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

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## ADVENT IN A FISHING VILLAGE

traditional customs; authentic dishes and desserts; festive atmosphere; ice rink; fun for all ages; exhibition and concerts; carriage ride; Christmas Eve with fishermen on the Riviera Crikvenica; Zagreb – the best Christmas market in Europe

The time of Advent has most people preoccupied with buying gifts, writing wish lists and baking cookies, but you should come to a fishing village instead. Enjoy tranquillity, promenade and visit some of the local churches, discover the stories and legends. Indulge in regional wines and local delicacies, get to know local customs and experience how Christmas was celebrated in the past. One of the highlights of the program is our Christmas Eve where you get to enjoy fish dishes prepared by local fishing societies. The second part of your winter vacation will be completely different – in Zagreb! Fun, great food, unique events, the arts, with a truly festive atmosphere awaiting you in the streets of Croatia's capital city. Be sure to polish your boots before departure because there is going to be a lot of surprises and music to ensure a cheerful atmosphere!



The travel package ranges from three to four days. The activity programme for a four-day package includes: day 1 – arrival; day 2 – meeting the traditional customs of the Advent period on the Riviera Crikvenica; day 3 – drive to Zagreb, visit to the best Christmas market in Europe or visit to Rijeka; day 4 – return. The packages is available throughout December for groups of 20 to 30 people. Accommodation is available in three, four or five star hotels, while transportation can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

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## BEWARE OF THE HAND OF SENJ

meeting red-haired Zora in the city of Senj; discovering the fortress of Nehaj; touring the Plitvice Lakes National Park where Karl May movies were shot; exploring the outskirts of the Crikvenica Riviera

Uskoci were a small group of around 1000 peasants, a well-organized regiment, who came to this region in the 16th century fleeing from the Ottoman conquest. They were brave and bold. These fearless fighters posed a threat to the Venetian economy on the Adriatic using their small, fast ships. They settled in the city of Senj, building an impermeable fortress. Every year Senj puts on a medieval festival in which the ancient legends come back to life. Visitors go back in time, experiencing the middle ages by participating in a medieval fair with old crafts, merchants, entertainers, tournaments, history plays, an archery contest, a fencing school, old crafts workshops, juggling and jester performances, a fire show, and to top it off – dancing to medieval music.



The travel package ranges from three to four days. The activity programme for a four-day package includes: day 1 – arrival; day 2 – walk or organized touring of Riviera Crikvenica with guide, half-day excursion to Senj, sightseeing the fortress Nehaj; day 3 – tour of the Plitvice Lakes National Park; day 4 – departure. The package is available throughout the year for groups from 20 to 300 people, while transportation can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

## FALL IN LOVE WITH / IN CRIKVENICA

romantic boat ride; Mediterranean dishes workshop and a visit to a chocolate manufactory; massage workshop; dance lesson; wine cellar visit with champagne and wine tasting; entertainment program

Those in love and the romantic souls here you will find the most romantic places to kiss – 10 locations with the sign *This is a Good Kiss Spot*. Meet the tender side of the Riviera and experience it from a different perspective. Step onto the Love Path – beautiful nature, tranquil silence, fresh and clean air and breath-taking views are waiting for you. This eight-kilometer long promenade is a great opportunity to enjoy yourself and learn something. Find your way around the fragrant Mediterranean *Labyrinth of Love*, known for its 400 laurel shrubs, and discover the nearby stone spiral of energy. They say the spiral attracts love, peace and joy, while the labyrinth makes wishes come true, rejuvenates, beautifies, enhances love, instigates creativity and brings abundance. That is just a small part of the offer that will appeal to all love dreamers. It may be worth a try, right?



The travel package ranges from three to seven days. The activity programme for a five-day package includes: day 1 – arrival; day 2 – Riviera Crikvenica, shooting on the beach, boat ride and sunset; day 3 – workshop of Mediterranean dishes, visit to the museum, gallery and aquarium, dance lesson; day 4 – chocolate manufactory and wine cellar; wine, champagne, prosciutto and cheese tasting, massage workshop, wellness programmes; day 5 – departure. The package is available throughout year for groups from 20 to 50 people. Accommodation is available in three, four or five star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

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## ACTIVE VACATION, INTERACTION OF EXPERIENCES

Stretching through all four Riviera towns, our beautiful beaches have always been a draw for their beauty and diversity. Sand or pebble, mysterious oasis or rocky adventure – take your pick. The Crikvenica Riviera has a rich offer of challenging activities for visitors sure to impress romantic strollers, experienced sailors, nature explorers, adrenaline lovers...

Crikvenica is also known as a marathon town because almost every season has its own marathon. You can enjoy miles and miles of promenades, trekking and biking trails - each new day on the Riviera offers endless opportunities, whether you are vacationing in the heart of the season or taking a break in the spring or fall.



### SEA-VIEW WALKS

walk through the wondrous Bay of Zavratnica; sea-view from Zavižan and a walk through the Velebit Botanical Garden; Eyes of Vinodol vantage point view as well that from the peak of Učka

While you are staying in Crikvenica, you will surely be enjoying a combination of activities including swimming in the clear sea and strolling along the coastal promenade, breathing in the rich sea-air and the fresh mountain air of the nearby Gorski Kotar. Try hiking through the relaxing greenery of nature with a view of the blue sea. Thanks to the abundance and variety of walking paths, tour programs can be adapted to varying degrees of complexity, ranging from recreational walking to more demanding uphill climbs. We take you to the Bay of Zavratnica, where the peaceful sea surface perfectly reflects the rocky slopes and to the Velebit Botanical Garden at Zavižan (1.480 m). From the The Eyes of Vinodol vantage point, enjoy a view that cascades down from an altitude of 700 m to the blue sea. It is a special experience to stand at the highest point of Učka (1.401 m) overlooking the entire Bay of Kvarner.



The travel package ranges from four to five days. The activity programme for a four-day package includes: day 1 – arrival, sea-side promenade; day 2 – Zavižan, walk through Velebit Botanical Gardens, Jablanac, Zavratnica walk; day 3 – Eyes of Vinodol vantage point, peak of Učka; day 4 – morning sojourn and departure. The package is available from April 1st to October 30th for groups of 2 to 25 people. Accommodation is available in three or four star hotels, while transport can be arranged by car, mini-bus or coach. Professional guides are available in English, German, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

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## CYCLING FROM BLUE INTO GREEN

cycling on paths ranked by difficulty, length, climbing difficulty; indulging in delicious rich breakfast with local produce or dinner with a selection of international and national cuisine; exploring the local wine roads

The Crikvenica Riviera is ideal for cycling enthusiasts. An excellent geographical position, mild and pleasant climate and excellent terrain configuration ensure that cyclists enjoy both recreational and professional activities. Some will try their stunts out on hilly terrains as high as 1200 meters above sea level, while others will just enjoy an outdoor activity in the Vinodol plateau and on the island of Krk. A short ride or a longer one of up to 150 kilometres can be real adventures. Such is the diversity of potential rides, with customized and marked trails, alone or in the company of guides – take your pick. Enjoy cycling and explore over 300 km of cycling paths.



The travel package ranges from three to five days. The activity programme for a five-day package includes: day 1 – arrival, accommodation, getting to know the tracks; day 2 – bike ride on Green trail; day 3 – bike ride on Purple trail; day 4 – bike ride on Blue trail; day 5 – departure. The package is available from March to May and from September to October, for groups of 20 to 40 people. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### OVER THE MOUNTAINS TO THE SEA -NORDIC STYLE

Nordic walking in the Crikvenica Riviera; boat ride on the island of Krk (Vrbnik, wine cellar, Klimno, medical mud, Šilo); visit to Rijeka and Trsat; exploring the Love Path, tasting an authentic dessert – Frankopan cake

The gentle and diverse scenery of the Crikvenica Riviera, where the mountain and sea air blend, is the perfect backdrop for some Nordic walking. Take pleasure in combining both dynamic and relaxing walking activities; from a calming stroll through vineyards and valleys to a thrilling downhill descend. Moments of rest will be a chance to wander through local churches and admire the Bay of Kvarner and its coastal towns from a number of different heights. Walk along the coast, through pine forests next to the sea or through the green of the hinterland in fragrant and eye-pleasing surroundings across hiking trails and walkways. Set off on trails with original names, such as the Waves Trail, the Karst and Sage Trail, the Cliff Trail, the Green Trail, the Heavenly Trail, the Roman Trail and the Degenia Trail. We recommend the Love Path, particularly as it is full of hidden gems – perhaps you can find your very own, undiscovered path.



The travel package ranges from three to eight days. The activity programme for an eightday package includes: day 1 – arrival; day 2 – techniques of Nordic walking; day 3 – fitness techniques for Nordic walking, Novi Vinodolski; day 4 – Vinodol; day 5 – Krk, Šilo; day 6 – Rijeka and Trsat; day 7 – walk along the Love Path, ancient ruin Badanj, Frankopan cake tasting; day 8 – departure. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### A WALK THROUGH KVARNER – A TREAT FOR ALL

tour of Kvarner; departure from Crikvenica, walking tour, view to the Kvarner islands, departure to Krk, walking through Draga Bašćanska, Stara Baška or Punat, the vicinity of Rijeka, Trsat, spring of river Rječina

This region is known for its beneficial microclimate. Its charming, captivating landscapes allow you to actively experience mountaineering as well as laidback, less demanding walks. Tours through the vineyards, valleys and steep rocks, with spectacular views, offer attractive and diverse opportunities for lively recreation and relaxation. Once you have walked these areas, you will be keen to discover more, to go further and further in your exploration of the area. Rooted in Illyrian and ancient heritage, marked by the Frankopans and improved by an Emperor, this area covers kilometres of gentle green coastal space rich in its tradition of tourism. Along the many promenades, you will find sheltered bays, parks, villas and gardens, while the lush, mountainous hinterland offers plenty of trails and hiking paths.



The travel package ranges from three to eight days. The activity programme for a five-day package includes: day 1 – arrival, dinner and overnight stay; day 2 – walking from Crikvenica to Vinodol, walking time (1,5 – 4 hours); day 3 – hiking on the island of Krk walking time (1,5 – 3,5 hours); day 4 – tour of the vicinity of Rijeka, walking time around 5 hours; day 5 – departure. The package is available from March to May or from September to November for groups of 20 to 40 people. Accommodation is available in the three or four-star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### BEACH OLYMPICS

team-building program in the style of an Olympic tournament on the beach; various disciplines to strengthen ties and build mutual trust as well as a sense of togetherness; riding a dolphin, tug of war, pedal boat race, barbecue

The Kvarner region has an oasis where you can relax in nature's lap, in which you can strengthen your body and your mind – the Riviera Crikvenica. Its mild and favourable Mediterranean climate and microclimate, clean air, warmth of the sun, medicinal drops of sea salt, aromatic herbs – are just some of nature's gift to this area. Natural therapeutic elements, such as the above-mentioned climate, sea, clean air and vegetation, help in in the prevention, recovery and rehabilitation of various diseases and improve the quality of life in general. Spend time at one of the most beautiful beaches in Croatia and devote your day to laughter, creativity and competition in a unique teambuilding program. You will not just be strengthening your team spirit, but also doing something good for your health: a day outdoors in the clean sea air does wonders for the body!



The travel package ranges from two to five days. The activity programme for a five-day package includes: day 1 – arrival; day 2 – team-building program on the beach; day 3 – tour of Riviera Crikvenica and team-building in the adrenaline park; day 4 – island of Krk, wine cellar tasting with prosciutto and cheese; day 5 – departure. The package is available in June, September and October for groups of 50 to 300 people. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### SENIOR OLYMPICS

Enjoy the Riviera of health; a day full of laughter, creativity and competition, strengthening team spirits; strengthening physical resistance; entertainment program with local cultural and artistic societies

More and more retirees live active lifestyles and their holidays are active too. Seniors today want to stay in shape, which distinguishes them from previous generations. Moreover, senior citizens today are more educated, emancipated and socially engaged. They go to rock concerts and in their free time, which they have plenty of, they prefer to surf the Internet rather than prep their pantry for the winter. The age at which one no longer travels has risen significantly, leaving behind times when it was considered unusual to be a travelling grandparent. We collaborate closely with the local association of pensioners, which supports all our events, either as a participant or as a partner. Therefore, we invite your group to our Senior Olympics in Crikvenica. Show your skills and spend time with your peers from different countries!



The travel package ranges from three to four days. The activity programme for a four-day package includes: day 1 – arrival; day 2 – walk or organized, guided tour of Riviera Crikvenica, grill party in the Vinodol valley; day 3 – Senior Olympics, awards ceremony with entertainment and dancing; day 4 – departure. The package is available throughout the year for groups of 120 to 300 people. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### THE WORLD UNDERWATER -GET TO KNOW THE ADRIATIC CLOSE UP

diving course led by experienced PADI instructors; on-location sightseeing excursions to the island of Krk and Rab, NP Plitvice, wine cellar tour and tasting wine, cheese and prosciutto

Croatia, particularly Riviera Crikvenica and the Kvarner region, have a vital advantage when it comes to diving in the Mediterranean, especially for visitors from Central Europe – we are easily accessible and close. We are very proud of our almost 2,000 kilometre long coastline, which is captivating in its underwater beauty. The sea world is very abundant – there are many fish species – aside from cod, perch and octopus, you will be able to see plenty of crab and snails. The rocky formations and their vegetation are also worthy of up-close study. With numerous shipwrecks from the world wars and even from earlier periods, give you plenty to explore. In the company of experts, from the local diving centre, plunge into observing various wrecks, reefs, capes, underwater caves and other attractions. Dive into the underwater world, into its secrets, and discover a completely different universe.



The travel package ranges from three to ten days. The activity programme for a five-day package includes: day 1 - arrival; day 2 - intro to the basics of diving, half-day excursion; day 3 - diving course, half-day excursion; day 4 - departure. The package is available throughout the year for groups of 20 to 50 people. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian, Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### GIVE ME YOUR PAW -WHEN PETS ARE OVERJOYED

beach and bar for dogs and their owners; doggy playground; customized accommodation in hotels and apartments; trails for socializing and carefree strolls by the sea and in the hinterland; promenade along the lake and through the woods; vet services

We look forward to all our guests, more so when we see you in the company of your pet on the Riviera Crikvenica. We are tail-wag-level pleased because your faithful four-legged friends are in for a treat. First off, settle into any one of our pet friendly apartments or hotels and then take a stroll along the beach or in a slightly quieter forest hinterland. On one of Croatia's best pets-only beaches in the Podvorska Harbor, your pets are the main stars. After tireless play in the sea, your pet can freshen up in the shower or at the bar. You read that right! Monty's Dog Beach & Bar Crikvenica is the first cafe of its kind. They offer beer, ice cream, pizza, French fries, pastries and herbal teas for your dogs. To end the day, they can play dress up, compete in various games or choose to pick out a toy at our fair. We are waiting for you at the woof-woof Riviera!



The travel package ranges from three to seven days. The activity programme for a five-day package includes: day 1 – arrival; day 2 – tour of Riviera Crikvenica, enjoying a variety of amenities at the beach and bar for dogs, walk; day 3 – participation at the event "Crikvenica 4 Pets"; day 4 – free time to stay on the beach or the possibility of all-day boat trip; day 5 – departure. The package is available throughout the year for groups of 20 to 50 people. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### INDIAN GREETINGS -AS SEEN ON THE BIG SCREEN

tour of Novi Vinodolski, Vinodol Valley, wine cellar tour with wine, prosciutto and cheese tasting; visit to Plitvice National Park; a look-out for Indians; visit to Gorski kotar, Fužine, visit to Roswell, an old western city

Old Shatterhand and his loyal friend found themselves in the karst of Dalmatia and Plitvice lakes national park in the search for The Treasure in the Silver Lake. The impressive scenery contributed generously to the production of Karl May's film in 1962. This area has always attracted nature lovers with its natural beauty and was deservingly declared Croatia's first national park in 1949. The process of calcification, through which barriers form to make lakes, was internationally recognized by UNSECO in 1979 as a unique asset of Plitvice, adding the area to the World Heritage List. If you decide to go on this tour in the month of May, we will gift you a guided visit to the Plitvice National Park to make your experience truly complete.



The travel package ranges from three to five days. The activity programme for a five-day package includes: day 1 – arrival, dinner; day 2 – tour of the city Novi Vinodolski, tasting wine, prosciutto and cheese in the vineyards; tour of Plitvice National Park; day 4 – Gorski kotar, Fužine, Western grad Roswell, cave Vrelo; day 5 – departure. The package is available throughout the year for groups of 20 to 120 people. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

## SINGLE OR DOUBLE -PARTY TRIP

exciting trip to unknown worlds; meeting single people of good will; socializing with authentic dishes and desserts of Riviera Crikvenica; walk a kilometre long promenade or along the coast; party and fun

Nearly half of the population of Europe is single. Big number, right? If you happen to fall into that category, and are anywhere between 18 and 99 years old, then we have something for you! We can offer you rest and relaxation with a high chance of meeting some like-minded persons of interest. Enjoy beautiful Riviera Crikvenica, where you will spend an unforgettable vacation. A sandy beach and restaurant are awaiting you, where an excellent program has been put together ensuring you get to meet some nice people looking to socialize. A superb atmosphere at the cocktail party, DJ included, is guaranteed. You will indulge in the finest hotels with excellent food and a 10-kilometer long promenade, which you can access directly from the hotel. You choose how you spend your day – whether you want to hang out on your own or use the amenities, walk or examine the food&wine offer of the Riviera. Who knows, maybe Cupid is around the corner!



The travel package ranges from three to five days. The activity programme for a five-day trip includes: day 1 – arrival; day 2 – walk or organized, guided tour of Riviera Crikvenica; day 3 – tour of the island of Krk, Punat, islet of Košljun, city of Krk, Vrbnik; wine cellar tour with wine, prosciutto and cheese tasting; day 4 – excursion to Plitvice National Park, evening gathering; cocktail party and entertainment program; day 5 – departure. The package is available throughout the year for groups of 20 to 50 people. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

# OENOLOGICAL AND GASTRONOMIC EXPERIENCES

Your eno-gastro tour of the Crikvenica Riviera will be full of enticing Mediterranean scents and flavours, in a perpetual give-and-take of sweet and savoury, paired with the finest drops of local wines from the nearby, green Vinodol. It's there that you will have the chance to walk the Oily Fish Route. Presently, ten restaurants carry the Oily Fish Route label and have a permanent offer of oily fish dishes. Oily Fish Week is a special event dedicated exclusively to fish specialities.

Our gastronomy honestly reflects how a traditional sea-food based cuisine, enhanced with aromatic spices and olive oil intertwines with the sincere invitation of smiling host to try something from the offer.

47 Photo: TB Crikvenica

#### AUTUMN DELIGHTS IN VINODOL

tour of Novi Vinodolski and the island of Krk, motivational guided grape picking; presentation of wine production; tasting local delicacies (figs, olive oil, bread, sausages, bacon and champagne)

In 1905, the Vinodol Valley, Vallis Vinearia, had 614 cultivated vineyards, but an onslaught of phylloxera caused a lot of damage. After nearly a century, vineyards and olive groves began to grow again. After twenty years of work, we have some of the best wines around. Between the sea and the wooded mountains, on the sunny Vinodol valley, the Pavlomir vineyards can be found. Autumn fruits are collected and we treat ourselves to figs and grapes. You can find all this and more in the fruitful Vinodol whose fields have been replenished after a century by diligent hands, defying droughts and cold winters and continuing where our ancestors stopped a long time ago. On this tour, you will encounter the fruits of their labour, be witness to the generosity of our land and even roll up your sleeves and do some grape picking of your own.



The travel package ranges from three to seven day. The activity programme for a three-day package includes: day 1 – arrival and guest welcome; day 2 – tour of Novi Vinodolski, visit to Pavlomir winery (grape picking, wine production); day 3 – tour of the island of Krk (Punat, Košljun, Krk, Vrbnik). The package is available from the end of August to the beginning of October for groups of 20 to 300 people. Accommodation is available in three, four or five star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### DISHES OF OUR ANCESTORS - THE OILY FISH ROUTE

restaurant tour of the Oily Fish Route, cooking workshops led by renowned chefs; visit to wine cellar and wine, champagne, prosciutto and cheese tasting; tour of Crikvenica Riviera and the island of Krk

On our Riviera, you can walk along one special road, in the company of some oily, blue fish. Our Oily Fish Route project was inspired by the treasured fishing tradition and the days when oily fish was the star of local household tables. Even then, it was a well-known fact that it is a valuable source of protein, vitamins, minerals and omega-3 acids. Today, ten or so restaurants are the proud holders of the Oily Fish Route label, with standout seafood delicacies on their menus. Find our flyers and head into your gastro adventure, available the whole year around. Mediterranean aromas and flavours are more intense in the spring so in good fun enjoy any of our conveniences and take part in cooking workshops. Gourmets, find out why the Oily Fish Route won the hearts of the culinary world and was certified "Simply the Best". A little tip for the end: be sure to taste the delicious Crkveniške rupice and discover how they were once prepared by local fishermen's mothers and wives.



The travel package ranges from three to seven days. The activity programme for a five-day package includes: day 1 – arrival; day 2 – Crikvenica Riviera, Vinodol valley, wine cellar and tasting, dinner at the Oily Fish Route; day 3 – culinary workshops with oily fish, boat ride excursion, dinner at the Oily Fish Route; day 4 – boat excursion to the island of Krk, tour of Vrbnik i Klimno, dinner at the Oily Fish Route; day 5 – departure. The package is available throughout the year for groups of 20 to 50 people. Accommodation is available in three or four star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

#### LAVENDER HARVEST IN VINODOL

visit to Fužine in Gorski kotar, tour of the caves and lakes of the region; visit to the lavender plantation in Lič; exploring the history of the area through a visit of the main attractions, active participation in the lavender harvest, tasting produce

Some lavender can bring the Mediterranean into your home. We will take you to Bribir, a small town in the peaceful Vinodol Valley. In good spirits and through laughter, you will learn all about harvesting this beautiful plant at the lavender plantation located there. We will pepper your palate with homemade liqueurs, lavender biscuits, wine and brandy, dried figs and olive oil. Indulge your senses with colour and scent in a sea of blue and purple lavender, sage and other herbs. Without too much hassle walk through the plantation, pick your very own bouquet and take it home to help brighten up your winter days. To top this experience off and make it last even longer, every guest gets a an organically grown lavender plant pot to take home and give nurturing this distinctly Mediterranean plant a try.



The travel packages ranges from three to seven days. The activity programme for a three-day package includes: day 1 – arrival and check-in; day 2 – excursion to Fužine, cave visits and walks around the lake; day 3 – visit to lavender plantation, tasting products, lavender harvest. The package is available from the end of May until the end of June (or throughout the year) for groups of 20 to 150 people. Accommodation is available in hotels or private accommodation with three, four or five stars, while transport can be arranged personally. Professional guides are available in German, English, French, Italian or Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

Note: Lavender plants blossom from the end of May and in June; should the lavender bloom later, depending on the impact of the weather (a lot of rain or very cold winters), the tour does not include lavender picking.

#### CHILDHOOD EGG HUNT

Easter egg hunt; tour of the island of Krk and visit to the Franciscan monastery, library, museum and cathedral; tasting wine, rakija, prosciutto and cheese; visit to Rijeka and Opatija (old market and fish market)

Around the world, there are still quiet places where the clocks run a little slower, where a special way of life is nurtured and all kinds of traditional delicacies and customs are appreciated. We will take you to Kvarner, to the Riviera Crikvenica, where small fishing villages have held onto their traditional charm and where you can experience a true spring festival with all your senses. Do not miss this opportunity to relax and enjoy the company of loved ones. Riviera Crikvenica has a real Easter treat in store. The warm spring sun, a relaxed seaside atmosphere and the intense colours and scents of spring await you. The smell of homemade Easter bread – a symbol of life and family, fills the air. With traditional music, gastronomy and games, fun times are guaranteed and waiting for you in Crikvenica!



The travel package ranges from three to five days. The activity programme for a five-day package includes: day 1 – arrival, dinner; day 2 – tour of Crikvenica, egg hunt, entertainment programme, tasting local specialties; day 3 – bus excursion to Krk; day 4 – excursion to Rijeka and Opatija; day 5 – departure. The package is available from March to April (depending on the date of Easter) for groups of 20 to 300 people. Accommodation is available in three, four or five star hotel, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding: please contact us for a final offer.



## HEALTH TOURISM

Kvarner has an oasis in which you can relax in the embrace of nature and strengthen both your body and your mind – the Crikvenica Riviera. The mild and moderate Mediterranean climate and microclimate, the clean air, the warmth of the sunshine, the healing drops of seawater and the aromatic plants – nature has been kind in its gifts to the Riviera. The interaction of the sea and mountain airs, enhanced by sea salt molecules and drops of essential oils from local Mediterranean plants, work to provide the perfect conditions for healing and recovery. Crikvenica was among the first to develop and further health tourism in Croatia. Facilities include Thalassotherapy, the Terme Selce Health Clinic, the Polyclinic Katunar, the Polyclinic for Baromedicine OXY as well as a number of different dental practices.

hoto: TB Crikvenica

#### ACCESSIBLE CRIKVENICA

walk the Crikvenica coastal promenade; trip to the mountainous Gorski kotar, walk along the lake Bajer to Fužine and visit cave Vrelo; drive over the bridge to the island of Krk and visit one of the largest islands in the Adriatic

Walk the beautiful promenade, visit caves, islands and lakes and stay in charming hotel with rooms adapted for wheelchair users – there are no barriers on the Crikvenica Riviera. On the barrier-free promenade, you can relax by breathing the rich sea air and enjoy the blue sea. Also nearby is the town of Fužine, surrounded by hills and a lake where there is the Vrelo cave. Thanks to the specific configuration of the terrain, the cave is safe to visit and easily accessible to guests in wheelchairs. Enjoy the fresh mountain air and homemade fruit strudel and then visit the ialnd of Krk, connected to the mainland by the bridge and therefore easyly accessible.



The travel package ranges from three to five days. The activity programme for a four-day package includes: day 1 – arrival to Crikvenica, walk along the coastal promenade; day 2 – Fužine, visit Vrelo cave and tasting wild fruit strudel; day 3 – drive over the Krk bridge to the island of Krk and visit the town of Krk; day 4 – breafkast with a sea view, departure. The package is available from April 15th to October 15th for groups of 1 to 30 people. Accommoation is available in a four-star hotel in Selce, which has accessible rooms, while transport can be arranged by car, minibus or bus. Professional guides are available in English, German, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; pleas contact us for a final offer.

#### WEIGHT LOSS PROGRAM HEALTHY LIVING BY IBD

outdoor activities in the water, under the water, in the air; tennis, cycling, forest trail walking, walking or jogging the Health promenade; wine tours; trips to surrounding areas and to the island of Krk; in winter skiing on Platak

The 21st century has made everything readily available, but... today's society has one major health issue when it comes to adults and kids – obesity. This is the second most common and preventable cause of death. The first step is to diagnose obesity with a calculation of one's body mass index and through laboratory testing. What follows is the creation of an individualized weight loss programme. The goal is a permanent lifestyle change and maintaining healthy habits. The Selce Health Clinic program has a guarantee of quality with a professional team of specialist doctors, psychologists, nutritionists, therapists, kinesiologists, massage therapists and a 30-year long tradition. Paired with the Mediterranean microclimate environment of the Riviera Crikvenica and programmed Mediterranean diet, this twelve day completely individualized programme – will do wonders!



The travel package ranges from 12 to 18 days. The activity programme for a twelve-day package includes: day 1 - medical examination, conversation with a psychologist and a nutritionist, body modelling, hypobaric therapy; day 3 to 11 - measurements, treatments to reduce body mass and enable revitalization, detox treatments and lymphatic drainage, acupuncture, exercises with kinesiologist, antiaging treatments; day 12 - final examination and measurements, consultations. The package is available throughout the year for groups of 2 to 20 people. Accommodation is available in four-star hotels, while transport can be arranged via airline connection from Krk or Zagreb with transport from/to Selce. Professional guides are available in German, English, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

### MIND & BODY RENAISSANCE LIFESTYLE

outdoor activities in the water, under the water, in the air; tennis, bicycle ride, walk the forest trails, walking or jogging the Health promenade; wine tours; trips to surrounding areas and to the island of Krk; in winter skiing on Platak

With all their obligations and deadlines, business executives foster a specific lifestyle. Wellbeing, antistress, antiaging and rejuvenation programmes, fitness, yoga, including preventive programmes such as optimum weight maintenance, contribute to the renaissance of body and spirit. The Health Clinic Selce's thirty-year long tradition guarantees the quality of specialized programmes developed and supervised by a team of professional specialists – physicians, physiatrists, internist cardiologists, dermatovenerologists, psychologists, nutritionists, therapists and masseurs. Relax in the hands of experts and confidently treat all of your senses to the fresh air, to swimming in the warm sea, to relaxing in the sand and to tasting local health and vitality specialties. Paired with the Mediterranean microclimate environment of the Riviera Crikvenica and programmed Mediterranean diet, you be doing wonders for your body and spirit!



The travel package ranges from 3, 6 or 12 days. The activity programme for a three-day package includes: day 1 - medical examination, detoxifying treatments, body walking by the sea, antiaging treatment; day 2 - relaxation treatments, acupressure, excursion to the island of Krk; day 3 - intensive program of revitalization, exercises with a personal trainer, final examination, Mediterranean massage, hypobaric therapy. The package is available throughout the year individually or for groups of 2 to 20 people. Accommodation is available in four-star hotels, while transport can be arranged via airline connection from Krk or Zagreb with transport from/to Selce. Professional guides are available in German, English, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.

### ADRIA ADVENT MARATHON -RACING HEAVEN

Adria Advent Marathon, professional international racing marathon and half-marathon right by the coast; in a multi-day programme explore the Riviera of Crikvenica and the wider area – the cities of Rijeka, Opatija, Krk

Long after the marathon season is over for most people, we provide you with a real treat: Adria Advent Marathon in Crikvenica. Whether you are a spectator or a participant, on the first Sunday of Advent you will witness the most attractive international marathon on the Adriatic. Since few people can run 42 kilometres, try a half marathon or public route of 5 kilometres and you may discover something about yourself – your athletic side! The crystal-clear sea and beaches, alluring mountains in the hinterland with a well-developed network of cycling and hiking trails, ancient, medieval and modern art, rich gastronomic offer, the famous hospitability – this is the Riviera Crikvenica ID. Even the Romans enjoyed this captivating area. For the last 130 years, the cultivation of medical tourism for guests with respiratory, cardiac and rheumatic problems has flourished. Welcome to the health Riviera!



The travel package ranges from three to six days. The activity programme for a six-day package includes: day 1 – arrival; day 2 – Crikvenica Riviera, tasting local specialties; day 3 – marathon, pool, sauna, massage; day 4 – the island of Krk, Punat, islet of Košljun, Vrbnik, tasting wine, rakija, prosciutto and cheese; day 5 – tour of Rijeka (Korzo, fish market, market, harbour) and Opatija; day 6 – departure. The package is available in December for groups of 20 to 500 people. Accommodation is available in four-star hotels, while transport can be arranged personally. Professional guides are available in German, English, French, Italian and Croatian, other languages upon request. All of the given information is indicative and unbinding; please contact us for a final offer.



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