

HEALTH MAP

Crikvenica | Dramalj | Jadranovo | Selce



An Oasis of Well-being
Croatia



EN



A long tradition in health

The tradition of healthcare on the Crikvenica Riviera dates back to ancient times. The town was officially declared a climatic health and seaside resort at the beginning of the 20th century. Today you can benefit not only from the area's natural advantages, but also by visiting its renowned health institutions like the **Thalassotherapia Crikvenica, Terme Selce Polyclinic, Katunar Polyclinic, Oxy Polyclinic**, and many other specialist clinics.

Thalassotherapia Crikvenica

Inspired by the healing properties of the sea and air, the Thalassotherapia Crikvenica has been taking care of the respiratory and locomotor system of children and adults for more than half a century. It features a modern medical rehabilitation centre, congress venues, and a park for medical rehabilitation in the open air. This exceptional institution is open to everyone who wants to improve their health with the help of therapeutic methods such as seawater and essential oil inhalation, personalised physical therapy using the latest technology, and hydrotherapy in a pool with heated seawater.



Terme Selce Polyclinic

Terme Selce Polyclinic is the first private rehabilitation clinic in Croatia. Its distinctive features are a holistic approach to rehabilitation and physical therapies, and the continuous improvement of its services. The clinic is responsible for the successful recovery of 120 top athletes and numerous patients from all over the world.

It offers a sports therapeutic programme adjusted to your needs, and personalised beauty and fitness programmes prepared by a team of expert doctors and psychologists.

Katunar Polyclinic

A special place on the Crikvenica Riviera Health Map is reserved for the Katunar Polyclinic, which, in addition to various medical examinations and professional diagnostics, offers numerous laboratory and specialist services. It features a tourist medical clinic that takes care of the health of our guests, thus rounding off the quality of our tourist offer.

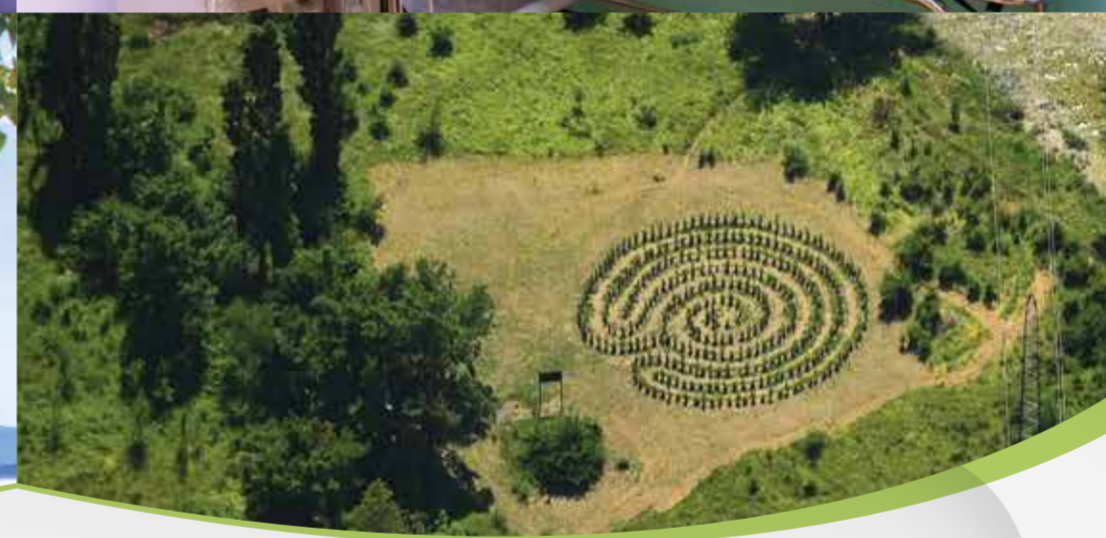
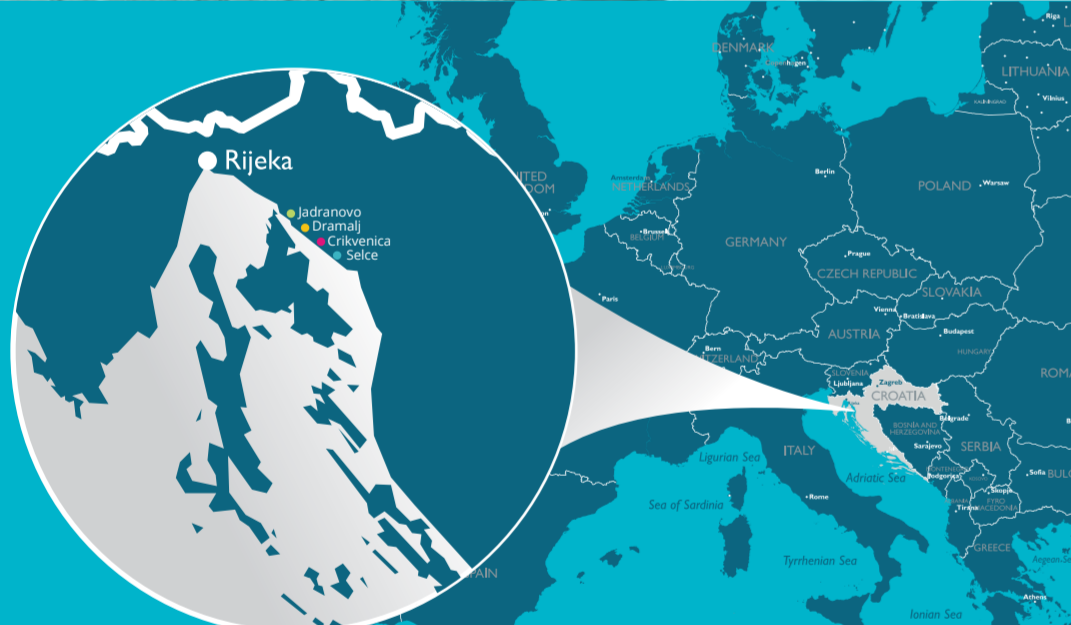


OXY Polyclinic for baromedicine

The OXY Polyclinic for hyperbaric medicine is the ideal place to escape from everyday challenges and to regenerate your body by inhaling 100% medical oxygen. Our oxygen treatments are intended for all visitors and are mostly used by top athletes because of the beneficial effects of pure oxygen on the organism.

Get a shining and healthy smile in Crikvenica

A little smile goes a long way, doesn't it? Thanks to its many excellent dental clinics, the Crikvenica Riviera is the right place to visit if you want a shiny and healthy smile, whether you need just a minor correction or a more demanding dental procedure.



Active Crikvenica

Do you like spending your holidays in the open air and on the move? Are you often unable to decide whether you prefer sports activities on land, in the sea or in the air? If at least one of your answers is 'yes', then the Crikvenica Riviera is the right place for you. Here you'll find numerous activities in stunning natural surroundings ranging from walking, running, cycling, sailing, diving and fishing, to football, tennis, paragliding and horseback-riding in the nearby hinterland.

Of course, these are just a few of the numerous options on offer. The best part is you can come here any time, because it has been proven that the area offers favourable climatic conditions for outdoor activities almost all year long.

The area of Crikvenica and Vinodol has 300 km of **cycling trails** and just as many **walking and hiking paths**. A very special one is the **Love Path**. This 8-kilometre-long romantic walking path features numerous cultural and historical monuments and can be reached from the centre of Crikvenica in just ten minutes. Another romantic location is the **Mediterranean Labyrinth of Love**, a stunning labyrinth with 400 laurel bushes.

Fitness enthusiasts will love the **outdoor training areas** situated in attractive locations and offering enchanting views and special training equipment. Add to this the captivating scents of the greenery, the sound of the sea and the song of the seagulls, and it becomes clear that you'll be filled with positive energy for a long time.

Wellness

Brighten up your stay with a variety of wellness and spa services and cosmetic treatments which will pamper all your senses. For a complete harmony of body and mind, treat yourself to a relaxing massage and sauna, choose an activity in one of the sport halls, or take a swim in a seawater pool. And remember, the only thing you need to do is to enjoy every moment of your holiday!

The healthy flavours of Crikvenica

The enticing aromas and flavours of traditional dishes and the healing properties of aromatic spices have always been an integral part of the local cuisine. The tradition of fishing, and the importance of oily fish in the diet of the local people inspired the **Oily Fish Route** project. All the restaurants marked on the map take part in the project, inviting you to taste healthy and delicious fish specialities and to feel the spirit of the cultural and historical heritage of the area.



This is our Health Map, the best guide through our oasis of health!

The Crikvenica Riviera is located in Kvarner Bay, in one of the most picturesque parts of the littoral, and is surrounded by gentle green hilly hinterland. The area impresses with its mild and beneficial Mediterranean climate, and with its combination of fresh sea and mountain air. As soon as you get here, take a deep breath and you'll be overwhelmed with the fantastic combination of beneficial drops of sea salt and the essential oils of Mediterranean plants. You'll be pleased to learn that this riviera is characterised by 2,300 hours of sunshine a year, clean sea and drinking water of outstanding quality. Crikvenica was among the first towns in Croatia to start using its natural benefits and healing resources. It has been providing the latest medical services for many years, and in 2017 was declared the most successful health tourism destination.

Let our renowned experts take care of your health. Lie back, relax and invigorate your body and soul – **experience all the benefits of health tourism!**

www.rivieracrikvenica.com

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DRINKING WATER

Pure, clear, refreshing, rich in minerals, and healthy – this is the drinking water along the entire Crikvenica Riviera. There are no restrictions, as the water is suitable for drinking wherever you are staying. You can also drink it from public taps in all places along the Riviera, as indicated on the map.

HEALTH FACILITIES

Special hospital and polyclinics

- 1 THALASSOTHERAPIA CRIKVENICA – SPECIAL HOSPITAL FOR MEDICAL REHABILITATION (medical rehabilitation of respiratory and locomotor system diseases / specialist medical examinations)**
CRIKVENICA, Gajevo šetalište 21
www.thalasso-ck.hr
+385 51 407 666
- 2 TERME SELCE POLYCLINIC (specialist medical examination and diagnostics / centre for physical medicine and rehabilitation)**
SELCE, Ive Lole Ribara - 1. prilaz 8
www.terme-selce.hr
+385 51 764 076

KATUNAR POLYCLINIC (internist examinations / tourist clinic X-ray diagnostics / gynaecological examinations)

3 CRIKVENICA, Dr. Ivana Kostrenčića 10
www.poliklinika-katunar.hr
+385 51 785 132

OXY POLYCLINIC FOR BAROMEDICINE (hyperbaric oxygen therapy – HBOT)

4 CRIKVENICA, Gajevo šetalište 21
www.oxy.hr
+385 51 785 229

Medical centre

- 5 PRIMORJE-GORSKI KOTAR HEALTH CENTRE – CRIKVENICA (medical emergency service / specialist medical examinations / primary healthcare services / medical-biochemical laboratory / radiology and ultrasound / general medicine / tourist clinic / dentist)**
CRIKVENICA, Katorska 13

Dental practices

- 6 Theo Sambunjak**
DRAMALJ, Klanfari 40a
www.dental-sambunjak.hr
info@dental-sambunjak.hr
+385 51 786 498
- 7 Kalmar implant dentistry**
CRIKVENICA, J.T. Košuljandića 22
www.kalmar-dent.com
kalmar@kalmar-dent.com
+385 51 786 713
- 8 Dunderović Knez**
CRIKVENICA, Drage Gervaisa 4
www.ordinacijaknez.com
dr.knez@hit-com.hr
+385 51 785 013
- 9 Pavličević – Kustić**
CRIKVENICA, Preradovićeve 4
www.pavlicevic-kustic.hr
info@pavlicevic-kustic.hr
+385 51 241 522
- 9 Florijan Pavličević**
CRIKVENICA, Preradovićeve 4
www.pavlicevic-dental.hr
florijan@pavlicevic-dental.hr
+385 51 242 422
- 10 Branko Mužević**
CRIKVENICA, Braće Brozičević 2/1
www.muzevic-dental.com
branko.muzevic1@ri.t-com.hr
+385 51 243 163
- 9 Zoran Šučurović**
CRIKVENICA, Zidarska 45a
zoran.sucurovic@gmail.com
+385 51 242 666
- 5 Darija Franković Jadreško**
CRIKVENICA, Katorska 13
darija.frankovic.jadresko@domzdravlja-pgz.hr
+385 51 782 187
- 5 Dijana Gršković Kordiš**
CRIKVENICA, Katorska 13
+385 51 781 633

Specialist practices

- 5 Davorka Kuzmić**
CRIKVENICA, Katorska 13
+385 51 242 245
- 5 Sanja Špoljarić**
CRIKVENICA, Katorska 13
sanja.spoljaric@domzdravlja-pgz.hr
+385 51 242 702
- 12 Matea Prpić**
SELCE, Ul. Maršala Tita 72a
+385 51 765 315
mateja.prpic@domzdravlja-pgz.hr
- 13 Ophthalmology practice of Daniela Dabeska Novkovski**
CRIKVENICA, Vinodolska 21
daniela.dabeskanovkovski@gmail.com
+385 51 781 635
- 14 Ear, Nose and Throat Practice – Eržebet Tomljenović**
SELCE, Mihovila Jeličića 14 (Hotel Katarina)
www.ordinacija-tomljenovic.com
ordinacijatomljenovic@yahoo.com
+385 51 764 016

Pharmacies

- 15 GPP Pharmacy Crikvenica**
SELCE, Trg Stjepana Radića 1
+385 51 241 101
- 16 Deltis Pharm Pharmacy**
CRIKVENICA, Braće Brozičević bb
+385 51 241 966
- 17 Škunca Pharmacy**
SELCE, Šetalište Ivana Jeličića 6
+385 51 768 060
- 50 Lanavi Pharm**
CRIKVENICA, Frankopanska 31
+385 51 580 408
- 51 Farmacia Duga Mall**
CRIKVENICA, Kralja Tomislava 109d
farmacia924@atlanticgrupa.com
+385 51 785 490

General medicine

- 5 Alen Malašević**
CRIKVENICA, Katorska 13a
alen.malasevic@domzdravlja-pgz.hr
+385 51 781 642
- 5 Tereza Sajda**
CRIKVENICA, Katorska 13a
tereza.sajda@domzdravlja-pgz.hr
+385 51 445 185
- 5 Nataša Amanović - Jamnik**
CRIKVENICA, Katorska 13a
nataša.amanovic@domzdravlja-pgz.hr
+385 51 784 488
- 5 Draženka Blažević**
CRIKVENICA, Katorska 13a
drazenka.blazevic@inet.hr
+385 51 784 530

WELLNESS & SPA

- 19 Grand Hotel Dramalj**
DRAMALJ, Braće Car 6
www.grand-hotel.hr
+385 51 690 100
- 20 Hotel Kvarner Palace**
CRIKVENICA, Braće Buchoffer 12
www.kvarnerpalace.info
+385 51 380 000
- 21 Hotel Esplanade**
CRIKVENICA, Strossmayerovo šetalište 52
www.jadran-crikvenica.hr
+385 51 785 006
- 22 Hotel Marina**
SELCE, Emila Antića 78
www.hotel-marina.net
+385 51 768 140
- 23 Hotel Amabilis**
SELCE, Emila Antića 68
www.hotelamabilis.com
+385 51 406 490
- 24 Hotel Katarina**
SELCE, Mihovila Jeličića 14
www.jadran-crikvenica.hr
+385 51 764 111
- 25 Fiziovita Medical Spa**
CRIKVENICA, Gajevo šetalište 21
+385 95 333 9998

BEAUTY AND MASSAGE SALONS

- 26 Harmonia Massage Studio**
DRAMALJ, Prilaz braće Košuljandić 8
+385 95 5302 882
- 27 Oaza Beauty Salon**
CRIKVENICA, Vinodolska 17a
+385 51 781 410
- 28 Mediteran Spa Beauty Centre**
CRIKVENICA, Frankopanska 25
+385 91 522 1775
- 29 Iva Beauty Salon**
CRIKVENICA, Frankopanska 33
+385 51 242 424
- 30 Eva Beauty Salon**
CRIKVENICA, Primorska 14
+385 91 5265 202

SPORT AND RECREATIONAL CENTERS

- 31 Kačjak sports centre**
DRAMALJ, Kačjak bb
www.tenis-crikvenica.com
+385 91 528 3026
- 32 Omorika sports centre**
CRIKVENICA, Gajevo šetalište bb
+385 98 848 226
- 33 Adrenalin park**
CRIKVENICA, Milovana Muževića bb
+385 98 259 755
- 34 Fit4life fitness studio**
CRIKVENICA, Kralja Tomislava 111
www.fit4lifecrikvenica.com
+385 99 707 0707
- 35 Dive city – diving centre**
CRIKVENICA, Braće Buchoffer 18
www.discoveradria.com
+385 51 784 175

OUTDOOR FITNESS

- 36 Crikvenica Town sports hall**
CRIKVENICA, Katorska 15
+385 51 781 496
- 36 Concept GYM fitness studio**
CRIKVENICA, Katorska 15
+385 91 579 9191
- 37 Move up 4Fitness studio**
CRIKVENICA, Katorska 8
+385 98 216 568
- 38 Mihurić diving centre**
SELCE, Šetalište Ivana Jeličića bb
www.mihuric.hr
+385 51 765 462
- 39 Outdoor fitness equipment "Jadranovo"**
JADRANOVO
- 40 Outdoor fitness equipment "Strossmayerovo šetalište"**
CRIKVENICA
- 41 Outdoor fitness equipment "Podvorska"**
CRIKVENICA

OILY FISH ROUTE

- 42 Restaurant Feral**
JADRANOVO, Obala bb
+385 51 246 945
- 43 Restaurant Domino**
DRAMALJ, Braće Car 23
+385 51 786 472
- 44 Restaurant Mendula**
CRIKVENICA, Gajevo šetalište 23
www.catering-derossi.com
+385 51 784 160
- 45 Restaurant Bodulka**
CRIKVENICA, Strossmayerovo šetalište 4
+385 51 241 730
- 46 Tavern Trabakul**
CRIKVENICA, Strossmayerovo šetalište 10
+358 98 944 4034
- 47 Restaurant Amor**
CRIKVENICA, Frankopanska 35
+385 51 242 017
- 48 Tavern Karoca**
CRIKVENICA, Katorska 40
+385 51 860 107
- 49 Restaurant Kantunić**
SELCE, Emila Antića 52
www.kantunic.com
+385 51 764 474

INFO CENTRES

- Jadranovo Info**
Ivani bb
51264 Jadranovo
+385 51 246 160
- Dramalj Info**
Gajevo šetalište 48
51265 Dramalj
+385 51 786 363
- Crikvenica Info**
Trg Stjepana Radića 1c
51260 Crikvenica
+385 51 241 051
- Selce Info**
Šetalište Ivana Jeličića 1
51266 Selce
+385 51 765 165



DID YOU KNOW THAT THE CRIKVENICA RIVIERA IS DISTINGUISHED BY ITS:

- Mild Mediterranean climate and microclimate, clean sea and drinking water of outstanding quality
- 2,300 hours of sunshine a year
- Combination of sea and mountain air, which is exceptionally pure and filled with healing aerosol
- Favourable geographic position – located by the sea but only half an hour from the wooded and mountainous hinterland
- Title of top health tourism destination 2017 in Croatia

These are six walking trails and a cycling trail that make up part of a large network of trails in the Crikvenica-Vinodol area. Regardless of whether you're a professional athlete or simply enjoy walking in nature, our trails are suitable for all levels of fitness.

- Waves Trail** - For beginners, we recommend the 30-kilometre-long walking trail that leads along the coast and past Lokvišće Cove in Jadranovo with its medicinal mud.
- Gromače Dry Stone Walls of Jadranovo** - Take in the scents of the pine forest and the sea on the 8 km of unspoiled nature and a network of charming narrow paths.
- Roman Trail** - Somewhat more demanding is the 15-km-long trail which – apart from recreation – also offers the opportunity to learn more about Croatian culture and heritage.
- Karst and Sage Trail** - All recreational athletes in top shape can test their endurance and trekking equipment on the 28-km-long trail.
- Love path** - an enchanting walking trail that exudes romance, a rich history and Mediterranean fragrances.
- Mediterranean labyrinth of love** - one of the most distinctive walking trails in the Crikvenica area, with 400 laurel bushes whose unique energy will recharge your batteries.
- Blue Trail** - Cycling enthusiasts will especially appreciate the stunning 38-km-long trail.

Before you head off on one of these adventures, be sure to visit one of the Crikvenica Riviera tourist information centres and ask for a brochure with detailed information about the area's walking and cycling trails.

